

PhysioPilates 2024-2025

New Student Prerequisites: Physiotherapy Assessment. Call or email to register, pay for session and schedule an assessment. Class payment in full is required upon registration. Assessment is FREE for new to Synergy students/patients who join our weekly classes.

Labour and Delivery Workshop Prerequisite: Participants must have a Prenatal Assessment (billed separately) before the workshop date, or already be a patient at our clinic.

Returning students: There is a pre-registration period where you have priority to save or switch classes before general registration opens. Register with your teacher, or call/email our admin team. If you have a credit card on file it will be charged upon registration. Other payment options: call in credit card number, pay online through Jane account, e-transfer, pay teacher at studio.

Switching classes (for current registrants): Class transfer requests are to be made to your teacher at the studio or the office and will be confirmed once we know if space is available in your preferred class. Please make transfer request during pre-registration period. and note that students currently enrolled in that class have priority until the pre-registration period ends.

Refund policy: No refunds within 10 days of (before) session start date. In the event of public health closure, classes will continue virtually, and no refunds will be issued. In the event of a teacher change, refunds will not be issued.

Missing classes and Make-up classes: All studio makeup classes are done online via zoom. You do not need to let us know ahead of time if you are missing a class or joining for a makeup. Please do not cancel your PhysioPilates class "appointments" online. If you won't be making it to class, your teacher will simply mark you as not attending. If you are submitting your session to insurance, please note that makeup classes will not be counted on your receipt. Only classes you attended in your "registered" class are used for attendance.

PhysioPilates and Private Insurance: It is up to each student to check with their insurance provider to see if you're covered for "group physiotherapy". Insurance receipts are emailed to you at the end of each session, and include your attendance, the price per class, therapist and clinic information, which is required for insurance companies. If you are not covered privately, our classes can also be used as a medical expense on your income tax return.